

# the examen journal

A MINISTRY RESOURCE

*For where two or three are gathered in my name, there I am in the midst of them.*

*Matthew 18:20*

The Examen Journal can be a wonderful resource to guide group prayer for your staff, adult teams, student teams, CLC's, Bible studies, etc. In gathering together to notice and appreciate the divine presence in our every day lives, we grow closer to each other as a faith community as well as closer to God.

---

**Parish Ministry** – gift to staff, guide staff prayer gatherings, sell in your parish store, use with RCIA candidates, sponsors, and catechumens, use with other faith formation teams and pastoral councils

**Youth Ministry** – gift to your adult volunteers, use with your high school ministry programs to empower students to develop a lifelong prayer practice

**High Schools** – use with your student leadership teams/student government/campus ministry teams, gift at the end of milestone retreats (Kairos, Search, etc.)

**Colleges** – gift to colleagues or students, use with your student leadership teams/student government/campus ministry teams, gift at the end of milestone retreats (Kairos, Search, etc.)